

**MARCH 2022** 

# Sticks and Stones Break Bones, But Words Can Break Hearts and Relationships!

When I was growing up there was a saying that went like this: "Sticks and stones may break my bones, but words will never harm me!" As child this saying was applicable to me retaliating to others that may say hurtful words, and was effective for the most part. But as an adult I have learned that words are much more harmful to people than sticks and stones.

I have had many broken bones in my lifetime all of which have healed and for the most part I no longer feel the pain from the injury. But harmful or hurtful words are different. They have a way of lingering in the mind for many years and the hurt seems to never go away.

In James chapter five, the author explains that even though the tongue is one of the smallest members of the body, it can lead to the most destruction. This gives us reason to always think before we speak, because once we say something it can never be taken back. Though we may apologize and ask for forgiveness, the memory of the words is always there and can cause damage to our relationships.

It used to be that I had great difficulty in controlling my tongue, especially when I was angry or excited. These are the times that I just let the words fly from my mouth without thinking, and without care of who they may hurt. That was before I found God's remedy for controlling my tongue in Proverbs 15:1, which says, "A soft answer turneth away wrath: but grievous words stir up anger." (KJV) I carried this scripture in my pocket for many years and when I felt like lashing out with the tongue to wound someone, I would touch my pocket to remind myself of how hurtful words really were, and how long the effects of my words would last. It was only after I began to carry this Scripture in my pocket was I more able to control my tongue of spite and begin to express the love of Christ in my words and actions instead.

In closing, remember that it is difficult to praise God with our mouths while we are cursing others. Be mindful of your words to others and if you find yourself having difficulty controlling what you want to say, begin to praise God aloud.



Mondays: 9:30 a.m. Nurture in Action

Wednesdays: 10:00 a.m. MEC Chapel

10:30 a.m. Bible Study 7:00 p.m. Bible Study

Sundays: 9:00 a.m. Sunday School

10:30 a.m. Worship Service

2:00 p.m. Youth

March 1 - Trustees at 6:30 p.m.

March 2 – Ash Wednesday service at 7:00 p.m.

March 22 - PPRC at 6:30 p.m.

## **MARCH CELEBRATIONS**

#### Birthdays: **Emily Hall** March 1 Leah Basford March 18 Kendall Anderson March 2 Ron Brooks March 18 Jack Anderson March 3 March 19 Joan Waggy David Leake March 5 Jerry Townson March 21 Chris Ellis March 6 Zachary Fletcher March 22 Hilda Hedrick March 6 Ann Davis March 27 Karen Silkwood Linda Kendall March 6 March 27 Jane Slack Jenna Jacobs March 9 March 29 David Byrd March 13 Shirley Jones March 31 Ellie Eskew March 14 March 31 Kylie Anderson Tim Basford March 15 Anniversaries: Amanda & Greg Eads March 7 Karen & Dean Silkwood March 27 BA & Mike Miskowiec March 19

## COMMON GROUNDS NEWS AND NEEDS

Common Grounds continues to serve the underprivileged of Eastern Kanawha County from Kanawha City all the way East to Montgomery. We have long had a policy that we are closed when Kanawha County Schools are closed. Fortunately, all of January and the first half of February we've been able to be open all of our scheduled days from 10:00 A.M. to 2:00 P.M. How pleased we've been to be available to our neighbors in need of help!

This year we have begun a new program in which we are providing a "special" each month for our families. This month they received ingredients to make chili at home. These ingredients include ground beef, beans, tomatoes, and seasoning all in addition to the food they receive in their box of food. Next month we'll provide another "special"; we're anxious (in a good way) to see their responses.

Again this year we have applied to our West Virginia Annual Conference of the United Methodist Church for one of their Hunger Grants. If we receive one of their grants those funds will assist us in providing more fresh vegetables, fresh fruits, milk, eggs, and frozen meat on a more regular basis. Our goal is to provide our families with enough food to last 2 ½ - 3 days at each visit in addition to healthier food.

If you would like to donate food this month, please consider CANNED FRUIT (preferably in their own juices), CANNED SPAGHETTI SAUCE, and/or BOXED OATMEAL. You may place them in the woven trunk in the open recessed area in the Narthex. If you would like to make a donation by check, please make the check out to Morris Memorial Methodist Church and in the bottom left-hand corner write Common Grounds.



Thank you so much for sharing your resources (whatever way or ways you choose) with those who are so in need right here in our area. May God bless you richly! If interested in learning more about this outreach mission, you may contact Susan Vieweg, our Morris' Mission Team's Common Grounds Coordinator, at (304) 344-2617 or (304) 549-6155. Thank you!

The Worship Team is seeking volunteers for greeters and ushers. If you are interested and willing to serve as an usher or greeter, please contact Ann Kautz (annk56@suddenlink.net). A sign-up sheet will be in the Narthex on Sunday mornings through March. Thank you.

# **MORRIS MEMORIAL UMC 2022 BUDGET**

Acct #		2022 Budget
	GENERAL BUDGET INCOME	buuget
3100	Anticipated General Budget Receipts	\$314,000
	GENERAL BUDGET EXPENSES	
	Staff Compensation	
7001	FICA Soc Sec	\$4,000
7002	Workers Compensation	\$1,500
7003	Sr Pastor Pension	\$15,340
7004	Medicare-Church & Empl	\$1,000
7005	Sr Pastor Health	\$0
7006	Personal Investment Plan	\$6,600
7055	Sr Pastor Salary	\$59,400
7056	Sr Pastor Acct. Reimb	\$4,000
7057	Sr Pastor Med Reimb	\$0
7181	Assoc Pastor	
7182	Assoc Pastor Acct. Reimb	
7401	Secretary	\$21,451.50
7402	Secretary Med 125 Plan	\$3,252
7426	Youth Leader	volunteer
7427	Youth Leader Med 125 Plan	
7501	Worship Pastor	\$15,554.70
7502	Worship Pastor Med 125 Plan	
7551	Organist	\$7,545.30
7552	Organist Med 125 Plan	
7650	Pianist	\$200
7701	Technical Engineer	\$7,255.50
7702	Tech Engineer Med 125 Plan	
	Total Staff Compensation	\$147,099
	Mission and Ministry	
5000	Good News Team	
5050	District Pro Fund	\$1,750
5060	CDOM	\$500
5006	General Supplies	MEC provides
5100	Mission Team	\$1,500
5150	Conf Fair Share Apportionment	\$77,370
5160	Common Grounds Ministry	\$10,000
5200	Worship & Nurture Team	\$700
5302	Troop 177	\$100
5304	Youth Ministry	Use designated \$
5400	Christian Ed Team	\$5000
5650	Music Ministry	\$3,000
5700	Athletic Program	\$1,500
6200	Pastor Parish Relations Team	\$750
5450	Spiritual Formation Team	\$500
5255	Communication Team	\$2,000
5800	Miscellaneous	
3455	Community Dinner	\$5,200
	Total Mission and Ministry	\$109,870
5990	Finance Team Expenses	\$1,500

	Trustees	
6003	Utilities/Fire Service	\$40,000
6005	Church Maint./Improvements	\$30,000
6007	Insurance/Deposit Box	\$7,000
6008	Pest Control	\$900
6011	Parsonage Utilities	\$7,200
6019	Church Janitorial	\$23,800
6021	Snow/Lawn	\$6,000
6023	Audio Visual/Equipment	\$4,000
6015	Parsonage Maintenance	\$15,000
	Total Trustees	\$133,900
	Ministry Team	
6300	Office Supplies	\$11,000
6400	Annual Conf. attendance expenses	\$800
	Total Ministry Team	\$11,800
	Gen Budget Expenses	\$404,169
	Projected Surplus (Deficit)	(\$90,169)

### **MMUMC Contribution Update**

Needed weekly to meet our 2022 budget \$7,772 Average received per week through 2-13-22 \$7,441

Thank you for your dedicated tithes and offerings to Morris Memorial. Your gifts are deeply appreciated.

#### MMUMC ENDOWMENT FUND UPDATE

In 1991 our Trustees established the MMUMC Endowment Fund to permanently set aside funds for the following purpose: To establish a permanent fund that will generate income for use by the local church in maintaining, renovating or constructing facilities, maintaining services or programs of the local church, or in support of the charitable or mission ministry outside the local church, all contingent upon approval by the Administrative Board/Administrative Council.

The Endowment was established with \$89,187 with gifts from an estate and several generous members. Donations of \$1,000 or more are accepted into the Endowment. Contributions into the Endowment since inception total \$269,991. Following the guidelines, withdrawals from the income have been made six times since 2005 totaling \$157,000, which has been used during some lean years to support the MMUMC mission, ministry and the physical church building. The balance in the Endowment on 12/31/2021 has grown to \$1,071,645.

Like all Endowments, the principal will continue to grow, and the church will benefit from the income as we carefully follow the Endowment withdrawal guidelines. If you would like to know more about the MMUMC Endowment, please contact Lynn Thompson, Financial Secretary. You may want to consider contributing to this fund that has provided so much support to our church or include a gift to the Endowment through your will as a part of your estate planning. We are so grateful to all those that have given to our church with such forethought in this unique and meaningful way.